



# Travel Medicine Clinical Guidelines Australia and New Zealand



Travel Medicine Clinical Guidelines  
Australia and New Zealand

## Prevention of COVID-19 infection during Maritime Travel

As much as possible preserve social distancing and mask wearing during embarkation and disembarkation.

Some vessels are fitted with MERV or HEPA filters and fresh air may be mixed with filtered air numerous times per hour. Whilst these filters are turned on, the risk of infection is reduced, however one should still take precautions as listed below.

- Ensure a N95/P2 well-fitting mask is worn whenever you are in areas where it is poorly ventilated, in closed or crowded spaces (e.g. cinemas, hairdressers) and when moving about the vessel.
- Where possible, socialise and have meals in outdoor areas. Where this is not possible, consider eating earlier than others to avoid large crowds during meal times.
- Cabins with windows and balconies are safer than those that have no ability to have an outside area ventilate the space.
- Perform hand hygiene correctly and regularly.